



# Professional Development COACHING

Our personalized approach aligns your goals with actionable strategies for optimal results. Your certified LEAP coach helps you achieve your highest potential and meaningful success.



100% said they were satisfied with the coaching they received

*"I have benefited greatly from the experience of having a coach and participating in the group sessions. More places of employment should invest in a program such as this one."*



100% said they would recommend coaching to others

In a recent survey, LEAP coaching participants reported LEAP coaching helped them develop in the following ways:

- Improving job performance
- Improving working relationships
- Identifying and leveraging talents
- Better understanding others
- Improving interaction and collaboration
- Learning new ideas, tools, techniques, approaches
- Improving communication
- Increasing motivation (own and others)
- Strengthening leadership Skills
- Adjusting to change
- Managing stress/anxiety
- Resolving a specific problem or issue

LEAP coaching helps both seasoned and emerging leaders align their desired outcomes with the path to attain them. Coaching can help with everything from "right now" problems to achieving your biggest goals. LEAP coaching maximizes effectiveness by refining skills, enhancing performance, and fostering adaptability.

Optional Coaching Elements include:

- Supervisor or Coworker Feedback Interviews: Gain insights from those who know you best, helping you identify strengths and areas for improvement.
- Observational Sessions: Receive objective evaluations of your performance in real-world scenarios, such as meetings or presentations.
- 360 Degree Feedback: Gather anonymous feedback from various colleagues, including stakeholders, supervisors, direct reports, and peers.
- Personality Preference Assessments: Understand your preferences and strengths through assessments like DiSC, MBTI, and Strengths Finder, provided by our certified coaches.

Twelve coaching sessions are scheduled monthly over 12 months, conducted via phone or Microsoft Teams, lasting approximately one hour each. Sessions are confidential one-on-one discussions.

Investment: \$6,000 per participant

To learn more about this coaching and development opportunity, please contact:

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